

EXPLORING COMMON SOLUTIONS

**FINLAND'S
CHAIRMANSHIP
2017-2019**



ARCTIC COUNCIL

Implementation of Suicide Prevention Activities in the Circumpolar Area

Sajos, Inari/Aanaar, Finland

30 January – 01 February 2019

Programme



Ministry for Foreign
Affairs of Finland



NATIONAL INSTITUTE
FOR HEALTH AND WELFARE



Implementation of Suicide Prevention Activities in the Circumpolar Area

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Bringing together researchers, policymakers, indigenous communities, representatives of Permanent Participant organizations of the Arctic Council and representatives of the Arctic States, the event will focus on the implementation of suicide prevention strategies in the circumpolar area. Simultaneously, a circumpolar story telling workshop will be organised for indigenous youth. Its results will be presented to the participants in the end of the event together with the results of the national story telling workshops organized earlier within the Arctic Council Sustainable Development Working Group's project CREATEs. Next steps for circumpolar collaboration on suicide prevention and mental wellness will be planned on the final day of the event.

The sections marked in red in the programme are targeted for researchers, policymakers, and representatives of indigenous communities, Permanent Participant organizations of the Arctic Council and the Arctic States. The sections marked in blue are part of the story telling workshop and are targeted to a selected group of indigenous youth. The green sections will bring together all the participants.



Sustainable Development
Working Group



ARCTIC COUNCIL

Programme

DAY 1	Welcome & introductions (open for media)
15:45 – 16:25	Workshop registration
16:30 – 17:05	<p>Opening ceremony Pirkko Mattila, <i>Minister of Social Affairs and Health, Ministry of Social Affairs and Health, Finland</i> Tiina Sanila-Aikio, <i>President, Sámi Parliament, Finland</i></p> <p>Cultural programme: Anna Lumikivi and Hanna-Maaria Kiprianoff</p>
17:05 – 18:30	<p>Knowledge sharing Introduction</p> <ul style="list-style-type: none"> • Åsa Larsson Blind, <i>President, Saami Council</i> • Tuuli Ojala, <i>Finnish Head of Delegation to Sustainable Development Working Group (SDWG)</i> • Sarah Cox, <i>Director, Crown-Indigenous Relations and Northern Affairs Canada (CIRNAC)</i> • Joanna MacDonald, <i>Climate Change and Health Officer, Inuit Circumpolar Council</i> • Allison Crawford, <i>Medical Director, Centre for addiction and mental health, University of Toronto</i>
18:30 – 20:30	DINNER
DAY 1	Project CREATEs (closed session)
19:15 – 20:00	<p>Story writing exercises and Sharing Circle This will introduce participants to the themes of the workshop, and help inspire story creation</p>
20:00 – 20:30	Check-in and develop plan for Day 2

DAY 2	Project CREATEs - Recording & editing your stories (closed session)
9:00 – 9:15	Check-in
9:15 – 10:30	Script and story development Each participant shares their story idea either one-on-one with a facilitator or in a group of people
10:30 – 11:15	COFFEE BREAK
11:15 – 12:00	Script development time/ storyboarding/ voiceover recording Working in small groups, story pairs, or with facilitators to finalize scripts, record audio, and develop images
12:00 – 12:45	LUNCH
12:45 – 14:35	Open Studio (editing, image and video production, organizing) Working alone or with facilitators to capture video, images, and edit your piece
14:35 – 15:00	COFFEE BREAK
15:00 – 16:00	Open Studio (editing, image and video production, organizing) Working alone or with facilitators to capture video, images, and edit your piece
16:00 – 16:30	Check-in and plan for Day 3
Day 2	Implementation workshop (open for media at 9.00–15.00)
9:00 – 9:15	Overview of the day: Suicide Prevention Strategies & Implementation Master of Ceremony: Pia Solin, <i>Chief Specialist, Mental Health Unit, National Institute for Health and Welfare</i>
9:15 – 10:30	Plan for suicide prevention among the Sami people in Norway, Sweden and Finland Introduction to the Plan Åsa Larsson Blind, <i>President, Saami Council</i> Panel Discussion <ul style="list-style-type: none"> • Lars Jacobsson, <i>Professor Emeritus, Division of Psychiatry, Umeå University, Sweden</i> • Jenny Telander, <i>Analyst, Public Health Agency of Sweden, Sweden</i> • Heidi Eriksen, <i>Medical Doctor, Municipality of Utsjoki, Member of Social Affairs and Health Committee, Sámi Parliament, Finland</i> • Meri Larivaara, <i>Ministerial Adviser, Ministry of Social Affairs and Health, Finland</i> • Anne Silviken, <i>Researcher, Center for Sami Health Research, the Arctic University of Norway and Sámi Norwegian National Advisory Unit on Mental Health and Substance Use, Finnmark Hospital Trust, Karasjok, Norway</i> • Anne Henriette Reinås Nilut, <i>the Saami Council, representative of the Saami Association of Norway</i>

	Moderator: Sami Pirkola, <i>Professor of Social Psychiatry, University of Tampere, Finland</i>
10:30 – 11:15	COFFEE BREAK
11:15 – 12:00	A keynote “Suicide in small communities suicide” Anne Silviken, <i>Researcher, Center for Sami Health Research, the Arctic University of Norway and Sámi Norwegian National Advisory Unit on Mental Health and Substance Use, Finnmark Hospital Trust, Karasjok, Norway</i> & Gro Berntsen, <i>Senior Adviser, Resource Centre on Violence, Traumatic Stress and Suicide Prevention, University Hospital of North Norway, Norway</i>
12:00 – 12:45	LUNCH
12:45 – 13:05	National Inuit suicide prevention strategy Kaila de Boer, <i>Director of Mental Wellness and Healing, Nunatsiavut Government, Canada</i> & Britney Selina, <i>Regional Youth Outreach Coordinator, Inuvialuit Regional Corporation, Canada</i>
13:05 – 13:25	The national strategy for suicide prevention in Greenland Christina Larsen, <i>Researcher, National Institute of Public Health, University of Southern Denmark, Denmark</i> & Arnârak Patricia Bloch, <i>Health Consultant, The Ministry of Health, Greenland</i>
13:25 – 13:40	Building local capacity for suicide prevention in rural Alaska native communities Lisa Wexler, <i>Associate Professor of Community Health Education, Health Promotion and Policy, University of Massachusetts Amherst, United States</i>
13:40 – 13:55	Suicide prevention activities in Iceland Hildur Gudny Asgeirsdottir, <i>Project Manager, Directorate of Health, Iceland</i>
13:55 – 14:10	Suicide prevention in the Russian Arctic Yury Sumarokov, <i>Head of the Department of International Cooperation, Northern State Medical University, Russian Federation</i>
14:10 – 14:35	Panel discussion: questions from the audience
14:35 – 15:00	COFFEE BREAK
15:00 – 16:30	Workshop section on the next steps for Arctic collaboration (closed session)
Day 2	Dinner & Concert (concert is open for media)
16:45 – 18:45	DINNER
19:00 – 21:00	Youth concert with young local artists <ul style="list-style-type: none"> • Oarjánnieiddat • Vildá • Amoc <p>Open to seminar participants and to community members</p>

DAY 3	Project CREATEs - Completing stories (closed session)
9:00-9:15	Check-in
9:15 – 10:15	Open Studio (editing, image and video production) Editing alone or with facilitators' support
10:15 – 10:30	COFFEE BREAK
10:30 – 12:00	Finalizing stories and adding credits/ titles Exporting stories
12:00 – 12:45	LUNCH
DAY 3	Implementation workshop (closed session)
8:30 – 10:15	Workshop section on the next steps for Arctic collaboration
10:15 – 10:30	COFFEE BREAK
10:30 -12:00	Workshop section on the next steps for Arctic collaboration
12:00 – 12:45	LUNCH
DAY 3	Sharing and moving forward (open for media)
12:45 – 14:15	Attend screening of digital stories/ videos Participants of the digital story workshop share their videos & some videos from national workshops
14:15 – 14:45	COFFEE BREAK
14:45 – 15:30	Next steps Wrapping up the results of the morning
15:30 – 16:00	Closing ceremony <i>Meri Larivaara, Ministerial Adviser, Social Affairs and Health, Finland</i> <i>Heidi Eriksen, Member of Social Affairs and Health Committee, Sámi Parliament, Finland</i> Cultural programme: Aila-duo

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